Tie Me Up

A quick and easy bed-quilt tutorial
by Katy Jones

12" finished bow tie blocks
6 blocks x 7 blocks setting with 5" border, queen size 82x94"
42 blocks total

You will need;
Background fabric – 3 yards
Border fabric (same as background) – 1.5 yards
Print fabrics (use a wide selection for greater variety) – 3 yards
(12 fat quarters)
¼ yard fabric for binding
5 ¼" yards for backing
86 x 99” piece of Wadding (2 ⅛ yards of 100” wide wadding)

Cutting;
From the background fabric. Cut into 14 6 ¾” strips, cross cut
into 6 ⅞” squares for a total of 84 squares.

From the print fabrics. Each block needs 2 6 ¾” squares and 2 3”
squares. You will need to cut enough for 42 blocks – so 42 PAIRS of 6
¾” squares (84) and 42 PAIRS of 3” squares (84).

Border – cut 8 5 ¼” x WOF (width of fabric) strips and sew into one
long strip
Block Assembly:

Using a ruler and pencil mark a line diagonally across the reverse of each 3” print square.

Lay a small print square right side down on the corner of a background square and sew ON the marked line. Repeat with all the background squares and small print squares. (figures 1 & 2). Trim the excess fabric off, ¼” from the sewn line.

Press the seam towards the background square. (figure 3)

Take 2 matching 6 ½” print squares and 2 background squares with the same print and sew together into a block. (figure 4)

Repeat for a total of 42 blocks.
Quilt Top Assembly:
Using a clean floor or design wall, lay your blocks out in 7 rows of 6 blocks. Play around until you end up with a layout that you like the look of. Bow tie blocks can be arranged in different formations to create different shapes. This quilt is laid out so the blocks form a ring pattern.

When you find a layout you like, sew each row of blocks together, pressing the seams in alternate directions so they nest together nicely when you sew the rows together. (eg rows 1,3,5,7 press seams to the left, rows 2,4,6 press seams to the right).

Sew the rows together, and give the quilt top a good press all over.

Measure the pressed top across the middle widthways. It should measure approximately 72 ¼ ”. From the long length of border fabric cut 2 strips this length. Sew to the top and bottom of the quilt, pressing seams outwards towards the borders. Measure the top again across the middle, lengthways and cut a further 2 strips at this length (it should measure approximately 94 ½ ”). Sew to either side of the quilt top and press seams outwards again.

Finishing;

For the backing you will need 5 ¼ yards of fabric, cut into 2 lengths of 99”. Trim off the selvedge by no more than ¾” and sew these 2 strips along the length to form a piece of backing that measures approximately 86” x 99”
Baste and quilt. The example quilt was professionally long arm quilted in a meandering floral pattern.

Cut the binding fabric in 2 ½” strips across the width of the fabric and sew end to end into one long strip. An easy down-loadable binding tutorial can be found at www.imagingermonkey.blogspot.com

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