



# Forever Valentines

Quilted hearts and a ribbon bow say "Love is in the Air". This simple craft project is a great way to express your favorite fabric loves. The hearts are not permanently affixed to the dowels which allows you to be as fickle as you please. Mix and match fabrics front and back for maximum fun.

(Fabrics shown above are from Tanya Whelan's Delilah collection for Free Spirit 2010.)

## Supplies

- Quilting cottons - Scraps measuring at least 3 ½ inches square
- Fusible Fleece - Scraps measuring at least 3 ½ inches square
- Perle Cotton - Size 8 and embroidery needle
- Decorative buttons
- Ribbon
- Wood base with pre-drilled holes and dowels (available at craft stores)

## Instructions

Cut 10 small hearts and 4 large hearts from fusible fleece.

Following manufacturer's instructions, fuse fleece to fabric scraps.

Pair fused pieces so that you have a total of 5 small hearts and 2 large hearts. With wrong sides together and hearts aligned, cut each pair of hearts with pinking shears around the entire heart. Good lighting will make all the difference.

Optional: Blanket stitch around edges instead of pinking. Leave an opening in the bottom of the heart large enough for the dowel to be inserted.

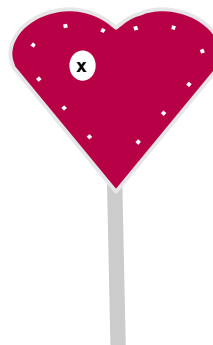
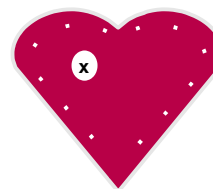
With perle cotton and an embroidery needle, stitch around heart using medium sized stitches. Stitches should be approximately 1/8 of an inch from edge. Leave an opening in the bottom of the heart large enough for the dowel to be inserted.

Attach decorative buttons as desired on each of the hearts. Sew or use a clear drying glue suitable for fabrics, such as Aleene's Tacky Glue.

Trim dowels to varying lengths. Use the trimmed ends for the short dowels in the front row.

Carefully slide each heart onto a dowel through the opening in the bottom. Arrange dowels as desired in base.

Use decorative ribbon to tie a bow around the dowel in the center front.



Contact me, Melissa Peda, at [100billionstars@gmail.com](mailto:100billionstars@gmail.com)  
Creative ideas and fun project on the blog at [www.100billionstars.blogspot.com](http://www.100billionstars.blogspot.com)



## Pattern Pieces for Forever Valentines

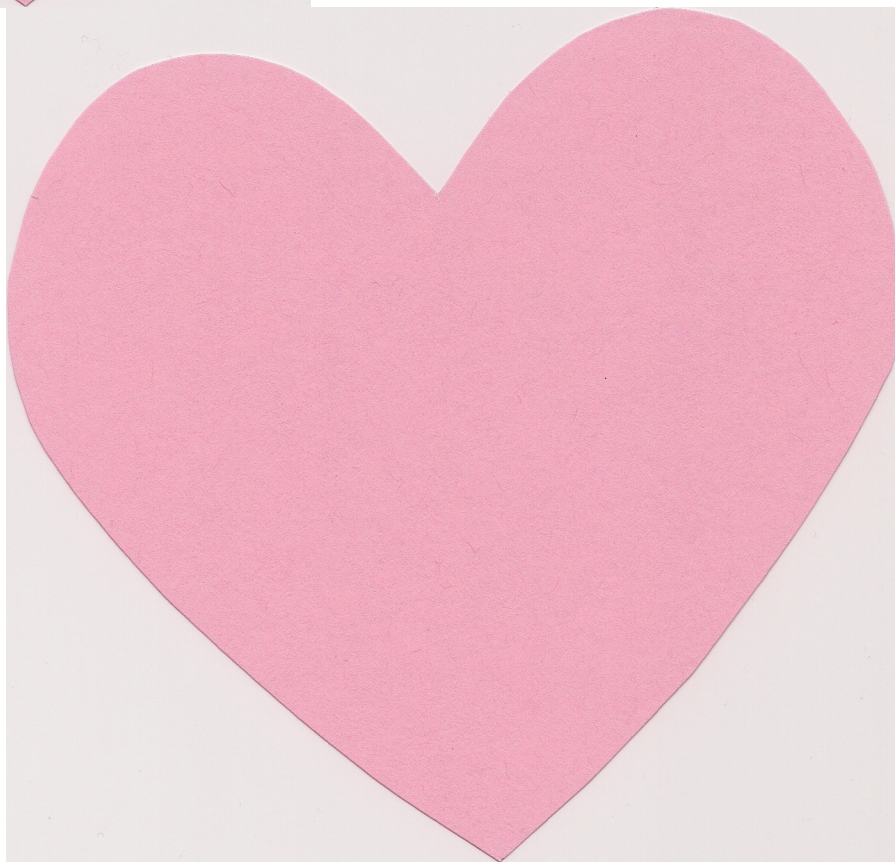


**Small Heart**

**Cut 10 of fusible fleece**

**Large Heart**

**Cut 4 of fusible  
fleece**



## Alternatives to predrilled wood and dowel kit :

### Option 1

You can make your own wood base by drilling holes into a small block of wood. Holes should allow dowels to fit snugly inside. Sand and paint the block. Allow to dry. Sand and paint dowels. Allow to dry.

### Option 2

Obtain a piece of floral foam and narrow dowels or sucker sticks. (Sucker sticks are found with candy making and cake decorating supplies.) Cut the floral foam to fit into a container of your choice.

Arrange the dowels in the floral foam so that they are of varying heights. Add your hearts. To cover the foam add shred fill in a coordinating color. Shred fill is usually sold with baskets or gift wrap supplies at your local craft store.

