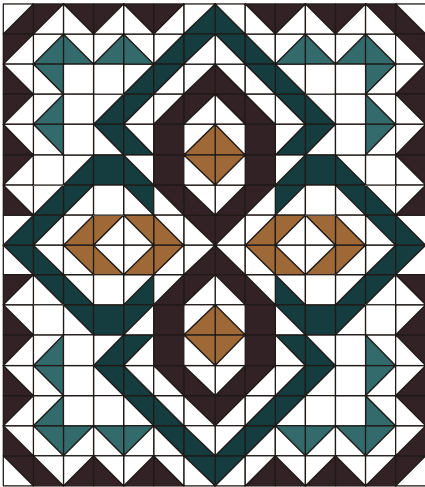


Whispers of Persia



This project is made only with half square triangles and squares. Simple to do but creates a beautiful design. By changing the sizes of the half square triangles you can make many sizes from one design.

The size of the quilt will depend on the size of the half square triangle units you decide to use:

2" half square triangles -	28" x 32"
2 ½" half square triangles -	35" x 40"
3" half square triangles -	42" x 48"
4" half square triangles -	56" x 64"
5" half square triangles -	70" x 80"

The **fabric requirements** below are given for using 4" **finished half square triangles** – 56" x 64"

Dark Green -	.85 M	Dark Brown -	.85 M	Light Brown -	.3 M
Light Green -	.3 M	Background -	2.0 M		

Other requirements:

4" Finished Triangles on a Roll (or another product that will result in 4" finished half square triangles)

Cutting Instructions:

Dark Brown -	Cut 3 – 10" strips Subcut – 5 – 10" x 20" pieces From the remainder of the strips above, subcut 8 – 4 ½" squares
Light Green -	Cut 1 – 10" strip Subcut – 1 – 10" x 35" piece
Dark Green -	Cut 3 – 10" strips Subcut – 4 – 10" x 20" pieces Subcut – 1 – 10" x 5" piece From the remainder of the strips above, subcut 4 – 4 ½" squares
Light Brown -	Cut 1 – 10" strip Subcut – 1 – 10" x 30" piece
Background -	Cut 7 – 10" strips Subcut – 9 – 10" x 20" pieces Subcut – 1 – 10" x 5" piece Subcut – 1 – 10" x 35" piece Subcut – 1 – 10" x 30" piece From the remainder of the strips above, subcut 14 – 4 ½" squares Cut 1 – 4 ½" strip Subcut – 10 – 4 ½" squares

Making the Half Square Triangle Units

Below are the 5 steps for completing the half square triangle units. You will follow the instructions below for each pair of fabrics that are listed at the end of the general instructions.

1. Place the two strips right sides together.
2. Lay a piece of Triangles on a Roll right side up on the wrong side of one of the fabrics from the above strip and pin into place.
3. Stitch, using a 2.0 length stitch, on all of the DOTTED lines on the paper following the arrows for direction.
4. Press the unit and then cut the layers apart on all of the SOLID lines on the paper.
5. Carefully remove the paper and then press the triangles with seam allowances pressed toward the darker fabric.

Pairs to layer for the half square triangle paper:

Dark Brown and Background -	5 – 10” x 20”	Uses Triangle Paper 2 squares wide x 4 squares long
Light Green and Background -	1 – 10” x 35”	Uses Triangle Paper 2 squares wide x 7 squares long
Dark Green and Background -	4 – 10” x 20”	Uses Triangle Paper 2 squares wide x 4 squares long
	1 – 10” x 5”	Uses Triangle Paper 2 squares wide x 1 square long
Light Brown and Background -	1 – 10” x 30”	Uses Triangle Paper 2 squares wide x 6 squares long

When you have made all of the Half Square Triangles you should have:

Dark Brown/Background -	80
Light Green/Background -	28
Dark Green/Background -	68
Light Brown/Background -	24

Sewing the Quilt Together:

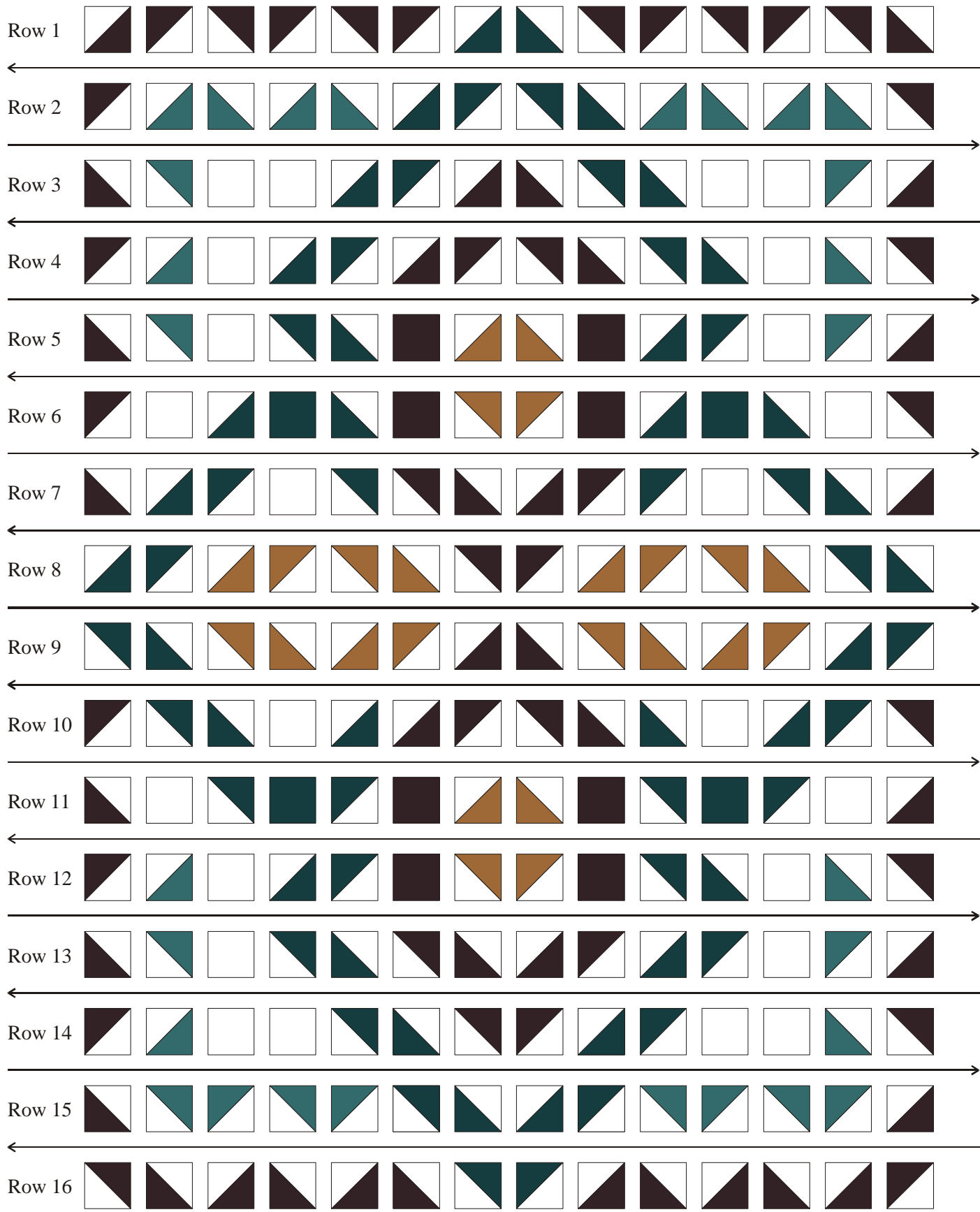
1. Assemble the Half Square Triangles from above, the 8 – 4 ½” squares of dark brown, the 4 – 4 ½” squares of dark green and the 24 – 4 ½” squares of background fabric.
2. Lay the quilt out in rows as shown on the diagram on the following page.
3. Sew the rows together, pressing the seam allowances of the rows in the direction shown by the arrows on the diagram.
4. Once all of the rows are completed and pressed, begin sewing the rows together.
5. Press the seam allowances between the rows either all up or all down depending on your preference.

Borders:

1. The quilt is designed without an additional outer border but you may add an outer border (or two) to complete your quilt.

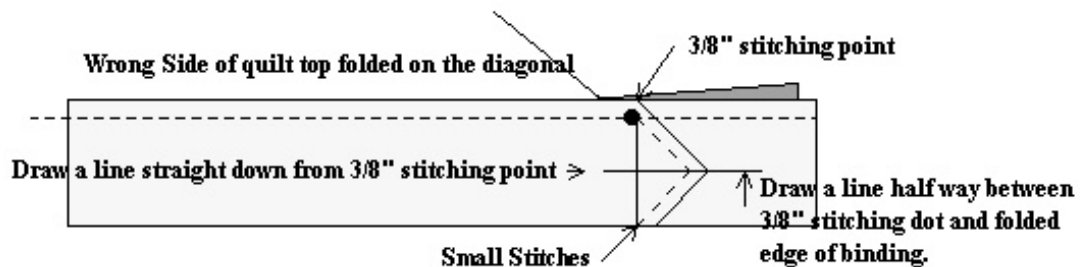
Quilting:

1. I usually send this type of quilt out to a long arm quilter for an all over design.
2. If you are quilting the quilt yourself, I would just quilt in the ditch horizontally and vertically as well as diagonally in the squares with a diagonal seam.



Applying the Binding

1. The method described below uses four straight crossgrain, double fold strips to complete the binding. It forms a sewn miter on both the front and back of the binding.
2. Measure the length and width of the quilt and record. You will need to make four strips for the binding:
2 Sides - Measurement + 4" = _____ Top/Bottom - Measurement + 4" = _____
3. Fold the strips in half lengthwise, wrong sides together and press. Lay a binding strip right sides and raw edges even on the top edge of the quilt. Leave 2" extending past both ends of the quilt. Begin stitching $\frac{3}{8}$ " from the edge of the quilt and end stitching $\frac{3}{8}$ " from the end of the quilt. Backstitch at both points being careful not to go further than the $\frac{3}{8}$ " point. Repeat this procedure with the binding on the bottom edge of the quilt.
4. Lay a binding strip right sides together and raw edges even on one side of the quilted project. Leave 2" extending past the edge on both ends. **Now turn the quilt over and stitch the binding on from the wrong side of the quilt.** By doing this, you can see exactly where to begin and end the stitching - at the same $\frac{3}{8}$ " point as for the top and bottom binding.
5. Follow the steps listed below while looking at the diagram for confirmation:
 - a. Fold the quilt wrong sides together on the diagonal to one corner.
 - b. Line up the binding strips and pin to hold in place.
 - c. Draw a line straight down from the $\frac{3}{8}$ " stitching point to the folded edge of the binding.
 - d. Draw a line halfway between the $\frac{3}{8}$ " stitching point and the folded edge of the binding.
 - e. Draw a 90 degree angle from the $\frac{3}{8}$ " stitching point to the folded edge of the binding using the halfway line as the point of the 90 degree angle.
 - f. Stitch along the drawn line using very small stitches and matching thread.
 - g. Cut the seam allowance to $\frac{3}{8}$ ". Turn the binding to the right side and you now have a perfect sewn miter, front and back.
6. Hand stitch the folded edge of the binding to the back of the quilt.



See our website section PATTERNS for more patterns using the technique shown in this pattern.