

Innovative Appliqué

- *Techniques that will cut your time in half.*
 - *Applicable to any project.*
- *No tracing, no ripping freezer paper out.*
 - *3-D affect without trapunto.*
 - *Full size pattern included.*

Fabric Supplies

Background material - Fat Quarter (FQ) cut to approximately 16" x 18".

Border material & Binding - FQ-1/2 yd. Depends on size of border.

Backing material - FQ-1/2 yd. Determined by finished size.

Flower material - Your choice of colors, best if fabric is pre-washed.

Thread - colors to match applique pieces, background and binding.

Batting - Determined by finished size, plus 8" x 11" to create appliqué dimension. A low loft bat works best.

Optional: **Pellon® Easy-Knit Fusible Tricot** creates stability.
Found in interfacing section, 1/2 yd.

Tools to make life easy

C Jenkins™ 8 1/2" x 11" freezer paper sheets.

"Perfect Piecing" by June Taylor, Printable Transparent Foundation Sheets, creates a placement guide.

Print n Fuse: for the trapunto affect and fusible appliqué.

"Roxanne's Glue Baste-It" a temporary basting glue.

A **pointed tool** to turn down the edge. Clover seam ripper works well.

Needle of your choice, a large eye needle makes for easy threading.

Thimble of your choice.

OLFA® Rotary **Mat** 6" x 8" (a good surface to work on).

Optional: **Printable Transparency Film** - office supply stores, a design tool to critique color choices.

Original drawing by Bobbie Brooks

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Innovative Appliqué

*Collect all 12
to create a whole quilt.*



Actual flower size H: 10" W: 7"

Plant Your Own Garden Garden Series: 12 of 12 Patti

*A series of plants for you to pick and choose from
for hand, machine or fusible appliqué.*

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Innovative Appliqué

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Innovative Products that make the process easy:

Turned Edge Appliqué

C Jenkins Freezer Paper Sheets™, 8 ½" x 11", available at most quilt shops.

"Roxanne's Glue Baste-It", a temporary basting glue, available at most quilt shops. The new accordion bottle design is the best choice.

Fusible Appliqué

Print N Fuse available at most quilt shops. This product is also used in the step that creates the trapunto affect.

Products used in both methods.

"Perfect Piecing" by June Tailor, transparent foundation sheets available at quilt shops or Joann's.

Print N Fuse to create the trapunto affect and fusible appliqué.

Printable Transparency Film, available at Office Supply stores (optional).

General Information:

C Jenkins Freezer™ paper sheets are recommended. It is heavier and works well in an inkjet copier. A copier eliminates numerous tracing. If you don't own one, gather your pattern, C Jenkins™ freezer paper sheets, Perfect Piecing, Print n Fuse and Printable Transparency Film and visit a friend with a copier. Steps 1-4 can be completed in 10-15 minutes.

Note: copier - refers to an ink jet, not laser.

Directions are printed on each pattern page. These step-by-step guidelines provide additional clarification.

1. **Create an overlay of Pattern A** Copy Pattern A to "Perfect Piecing" by June Tailor. This transparent overlay is your guide for placing your appliqué pieces on the right side of the background fabric.
2. **Create a transparency of Pattern A (optional yet very helpful)** Copy Pattern A to an inkjet transparency, found in office supply stores. Once the edges of the appliqué pieces are turned under, or your fusible pieces are prepared, attach those pieces to the corresponding numbers on the transparency with a small piece of rolled tape. You can preview and change out any parts of the appliqué before sewing begins. This also enables you can view background fabrics until you find the perfect combination.
3. **Turned Edge Appliqué** Copy Pattern B to C Jenkins™ freezer paper. Cut freezer paper shapes out on the outside edge of the solid black line except (helpful tip) where dashed marks appear ---cut about 1/4" out from line to remind yourself to cut fabric to extend under another piece. Place pieces in a marked Ziploc® bag so you don't lose anything. These freezer paper pieces will be ironed to the front (right side) of fabrics that you chose to create the appliqué design.

Fusible Appliqué Copy Pattern B to Print N Fuse follow the directions included with Print N Fuse.

Please note the direction of the flower will be reversed.

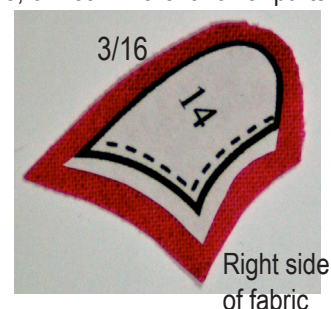
4. **Trapunto** Copy Pattern B to Print N Fuse. Iron to the batting. Cut batted shapes out inside the solid black lines so they are a little smaller to better fit inside your appliqué stitch lines on the wrong side of your background fabric. Remove paper backing by scoring with a pin. Using your appliqué stitches a placement guide, iron shapes, Print N Fuse side to the wrong side of the background. Creating two layers of trapunto really adds dimension. See Page 4 for pictures. Fusible appliqué lays so flat, this step does not create the dimension that results with hand appliqué.

Special FYI: Iron Pellon® Easy Knit Fusible Tricot to the wrong side of the background fabric to provide extra body and stability.

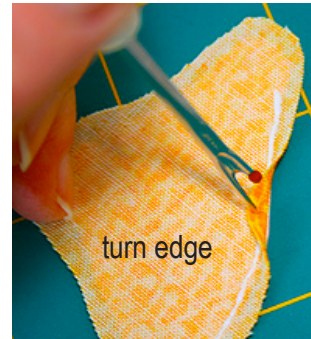
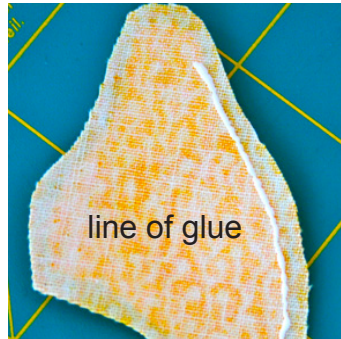
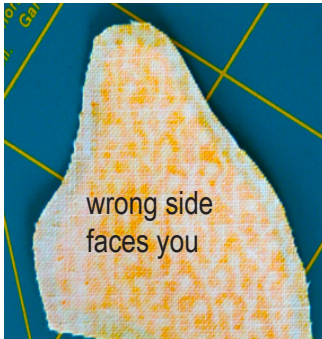
You can't even tell it is there when stitching.

Now the fun part!

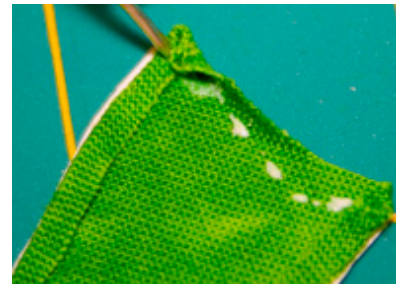
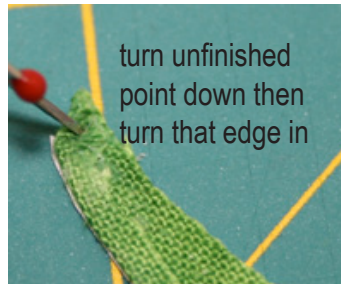
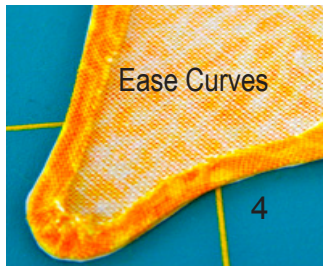
1. Pick your fabrics for the appliqué pieces. You can use the picture on the front of the pattern as a guide, or not. Different flower parts that are the same color, use a variety of fabrics that same shade to add interest.
2. Iron Pattern B freezer paper pieces to the right side of your chosen fabrics.
3. Cut 3/16" around each freezer paper shape, except at the dashed lines. At the dashed lines, cut generously, this area will lay under another shape. Sharp fabric scissors are very important; they give you a clean edge to work with. Place all cut pieces in a Ziploc® bag so you don't lose anything.



4. Turning the edges: Place cut shape, freezer paper side down on the OLFA® mat, you are looking at the wrong side of the fabric. Apply a thin line of "Roxanne's Glue Baste-It" approximately 1/8" in from cut edge of the fabric facing you (the wrong side). Use a Clover seam ripper to turn the cut edge down into the glue. The freezer paper will hold your fabric and the edge will turn down. Hold the turned edge down with your finger for a second. Work around the shape. The green OLFA® mat protects your surface and helps you see the edge of the freezer paper. Corners are best worked, turning one side down then apply a dot of glue and turn a tiny corner of the turned edge down onto the scant 3/16" of the other side then turn that edge down.



Turn the edge
see the white
edge of freezer
paper against
the mat.



Be patient with corners
you will get it.

Be patient with yourself, with a little practice you will be a pro. Hold the Clover ripper like a pencil. Points can be difficult, it may help to hold the tip with a pointed tool and turn the edge down with another pointed tool. A drop of glue at the tip helps. Curves are eased in, like a sleeve, see picture 4. You want to avoid the turned edge from forming points. Press them out in the easing process with your finger.

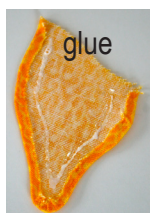
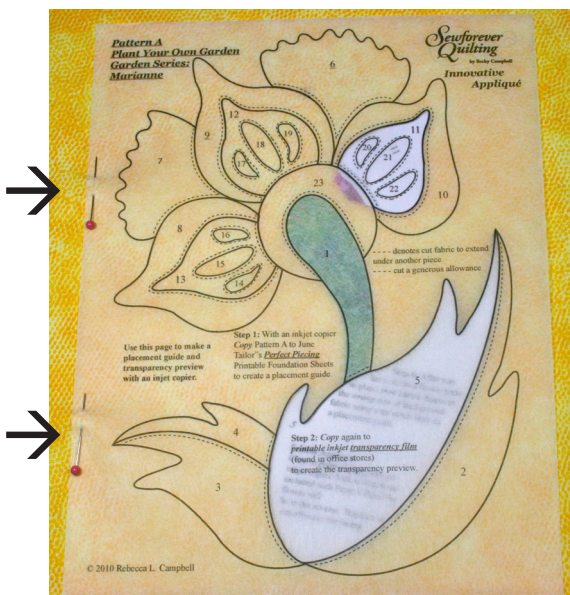
Applying Appliqué to Background Fabric

Transparency Preview

If you copied Pattern A to the transparency now is the time to use it. Use a small piece of rolled tape on the wrong side of each piece, to attach it to the corresponding spot on the transparency. Carefully remove the freezer paper before or after placement on the transparency, depending on what you find easiest. Now you can preview your selections of fabrics pieces and choose a background fabric. Lay the transparency with appliqué pieces attached over various fabrics to choose the background fabric. Leave all pieces attached to transparency, you will remove them in the next step.



Use the Perfect Piecing copy of Pattern A as your placement guide. Position the placement guide on the background fabric where you want the appliqué located. Pin the Perfect Piecing on the left side so it opens like a book. It is helpful to place pieces following the numbered order. Apply the tiniest bit of Roxanne's glue to wrong side of each piece, inside the folded edge. Slip the appliqué piece under the placement guide and hold for a second. Continue transferring all the pieces to the background fabric.

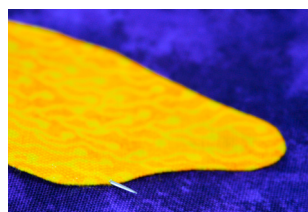


If you used the transparency step, the appliqué pieces will not have the freezer paper still attached (example stem). Remove the appliqué pieces in numbered order from the transparency and transfer to the background fabric following the directions above.

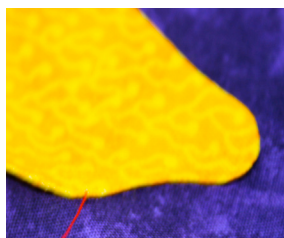
Ready To Stitch

All the pieces are in place. Begin stitching. The objective is to stitch so it doesn't show. Match your thread color to your appliqué pieces. Come up through the background fabric into the folded edge of your appliqué piece with your needle, pull thread through (your thread knot will be on the wrong side of the background fabric). Needle straight down into the background fabric a bit under the appliqué piece. Come up again into the folded edge of the appliqué piece about 1/8" from the previous stitch and repeat the process. Continue until complete.

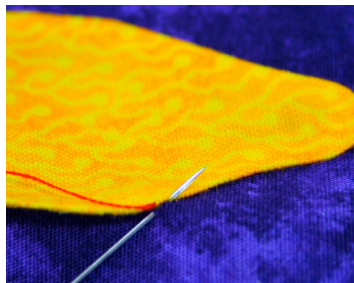
Placing appliqué pieces on right side of background fabric



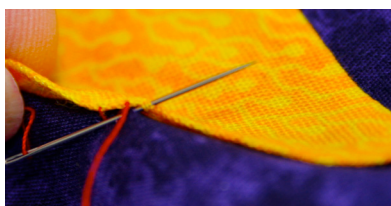
Needle comes up into the folded edge



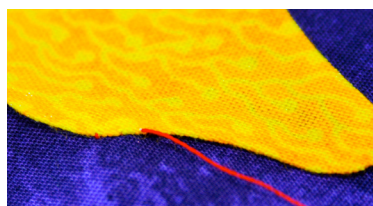
Pull thread through



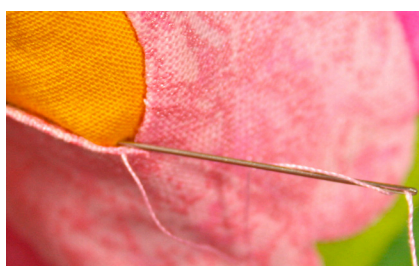
Needle straight down into background fabric (like you are diving straight off the edge) go into the background almost where your thread came up, a bit under the appliqué piece.



Come up into the folded edge again approximatel1/8" from previous stitch



End result even using non-matching thread



3-D Affect Without Tarpunto

An innovative way to make your work come alive

(This step is optional but adds wonderful dimension to your work)

Copy Pattern B to Print N Fuse.

Cut batting big enough to fit all the pieces on the Pattern B page.

Optional: I use two layers of batting for extra dimension. Place a piece of Misty Fuse between two layers of batting and iron creating a double layer of batting.

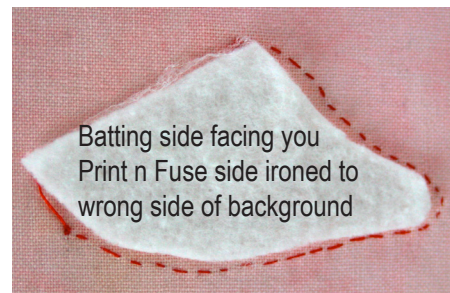
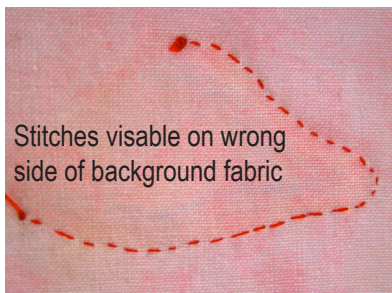
Iron Print n Fuse Pattern B to batting.

Cut shapes out inside the lines so they are a little smaller to better fit inside the stitching lines on the wrong side of the background fabric.

Iron the Print n Fuse side of batted shapes, to the wrong side of your background fabric, using your appliqué stitches a placement guide.

Remove paper backing by scoring with a pin. This step can be done before or after each piece is placed in it's corresponding position.

Fusible appliqué is not effective for tarpunto.

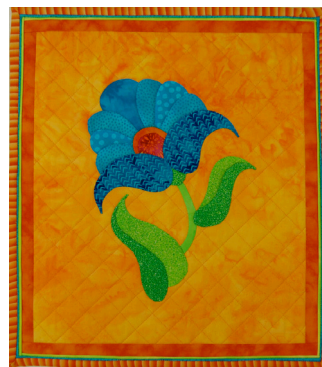


Finishing Touches

Add the border, batting and backing like you normally would. Quilt as desired. Once the overall quilting is complete, go back and stitch in the ditch between the individual flower parts matching thread color to the fabric color you are stitching on. This adds dimension and keeps the batting behind each piece from shifting in the future. Add the binding, a hanging sleeve and your label.

Good job!

Pick another flower to add to your garden.



Example of different size borders

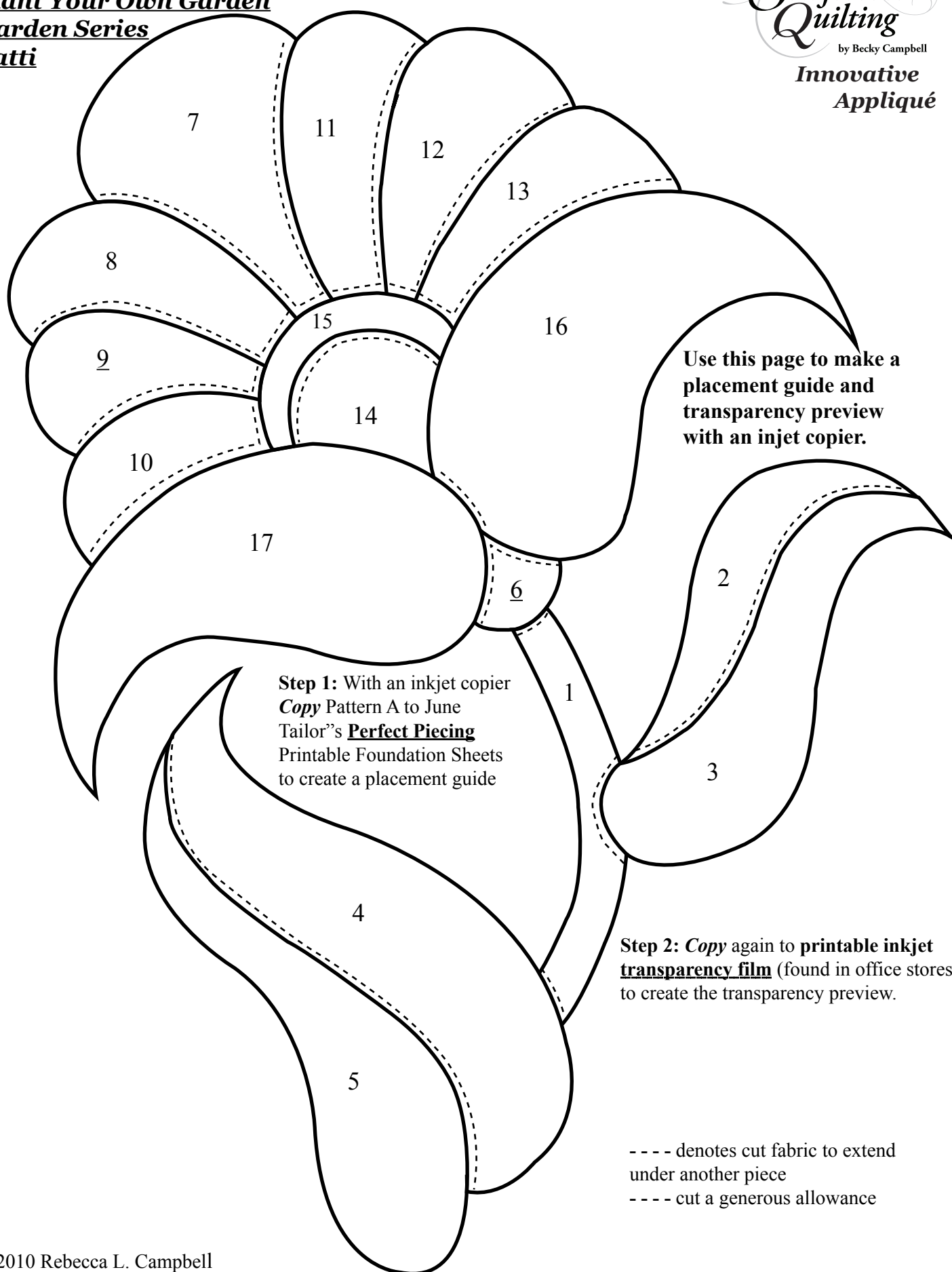
Please consider how much work has gone into producing this pattern. Please do not copy to share.

I am only compensated for my efforts when people purchase the pattern.

Thank you for your consideration.

Pattern A
Plant Your Own Garden
Garden Series
Patti

Sewforever
Quilting
by Becky Campbell
Innovative
Appliqué



Pattern B
Plant Your Own Garden
Garden Series: Patti

Use this page to make a placement guide and transparency preview with an inkjet copier.

Sewforever
Quilting
Innovative
Appliqué
by Becky Campbell

Turned edge appliqué directions.

Step 1: *Copy* this page to C Jenkins Freezer Paper with an inkjet copier.

Step 2: *Cut* out freezer paper pieces, on the outside edge of the black line. *Place* in a Ziplock® bag for safe keeping. These templates will be ironed to the right side of fabrics to create the flower.

Step 3: *Copy* this page to with an inkjet copier to create the trapunto affect.

Step 4: *Cut* Print N Fuse copy down to just include the shapes. Iron to batting.

Step 5: *Cut* batted shapes out, inside the lines. *Place* in a Ziplock® bag.

Step 6: After you have stitched flower parts in place, iron batted shapes to the wrong side of background fabrics using your stitch lines as a placement guide.

Fusible Appliqué

Copy to Print N Fuse with an inkjet copier. Follow directions included with Print N Fuse. The flower will be in the reverse. Trapunto is not effective for fusing.

